



PARENTING EDUCATION RESOURCES

Provided below are resources related to parenting education programs. Please note that this list is neither exhaustive nor reflects an endorsement of particular approaches or programs.

RESOURCES FOR DEVELOPING AND EVALUATING GROUP PARENTING EDUCATION PROGRAMS

Families as Primary Partners in their Child's Development & School Readiness

This "tool kit" of information, prepared for the Annie E. Casey Foundation, covers elements of effective parenting education programs, program planning, strategies for engaging parents, and program evaluation.

<http://files.eric.ed.gov/fulltext/ED485897.pdf>

Parent Education Core Curriculum Framework and Indicators: A Comprehensive Guide to Planning Curriculum for Parent Education Programs

This guide focuses on the core content and objectives of parent education, originally designed for Early Childhood Family Education (ECFE) and Even Start in Minnesota.

http://www.mnafee.org/index.asp?Type=B_BASIC&SEC={A2E3A088-D669-4806-911F-F92011A6BFED}

What Works, Wisconsin Fact Sheets

These fact sheets are from the University of Wisconsin.

What Research Tells Us about Effective Parenting Education Programs

http://whatworks.uwex.edu/attachment/factsheet_4parentinged.pdf

Best Practices for Parent Education and Support Programs

http://whatworks.uwex.edu/attachment/whatworks_10.pdf

Strengthening Families, A Protective Factors Framework

The Center for the Study of Social Policy's website provides a variety of resources on the Strengthening Families Framework.

<http://www.cssp.org/reform/strengthening-families>

First 5 Alameda County Parenting Partnership Evaluation Report

This multi-media report includes a written evaluation, photos, a promising practices assessment tool, and links to digital stories that illustrate the impact of the partnership on families and parent educators.

<http://www.first5alameda.org/stories-of-love-and-learning>

National Parenting Education Network

NPEN is a national umbrella organization that encourages information sharing, professional development and networking opportunities for parent educators.

<http://npen.org/>

REVIEWS OF FORMAL PARENTING EDUCATION CURRICULA

Parent Training Programs: Insight for Practitioners

This guide for practitioners, prepared by the Centers for Disease Control, is based on a review of evaluation results from 77 parent education programs serving families with children ages 0 to 7 years. All of the programs used “active learning approaches” such as homework, modeling, or practicing skills.
http://www.cdc.gov/violenceprevention/pdf/parent_training_brief-a.pdf

Parent Education Factsheet

This factsheet from FRIENDS, the National Resource Center for Community-Based Child Abuse Prevention, provides an overview of research on key characteristics of parent education programs and gives a short description of 9 evidence-based or evidence-informed parent education curricula.
http://friendsnrc.org/component/joomdoc/doc_details/63-parent-education-

A Review and Critique of 16 Major Parent Education Programs

This brief from the Journal of Extension (U.S. Cooperative Extension System) reviews and critiques 16 major parenting education programs.
<http://www.joe.org/joe/2012august/a8.php>

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Directory of Evidence-Based Parenting Programs

<http://whatworks.uwex.edu/Pages/2parentsinprogrameb.html>

Guidelines for Selecting an Evidence Based Program

http://whatworks.uwex.edu/attachment/whatworks_03.pdf

Resources in Parent Education: Group Curricula

This document from the New York State Parenting Education Partnership outlines key characteristics of 28 parenting education curricula.
<http://nyspep.org/index.php/resources/providers/>

Assessing Parent Education Programs for Families Involved with Child Welfare Services: Evidence and Implications – Full Report

This report, from the University of California, Berkeley’s Center for Social Services Research (CSSR) reviews evaluation findings and identifies promising parent education programs for families involved with child welfare services.
http://cssr.berkeley.edu/bassc/public/EvidenceForPractice5_Parenting_fullReport.pdf

Child Trends’ Evaluation of the Abriendo Puertas/Opening Doors Program

This executive summary presents evaluation results for a parent education program for Latino parents of young children. In June 2014, the First 5 Association noted that First 5 Fresno, Marin, Merced, Monterey, San Joaquin, and Santa Clara are planning to use the program.
<http://www.childtrends.org/wp-content/uploads/2014/06/Abriendo-Puertas-Executive-Summary-and-Discussion-6-9-14.pdf>