YOUR FAMILY COUNTS A MULTIDISCIPLINARY HOME VISITING PROGRAM

Commission Meeting
March 25, 2010

Every Child Counts Family Support Services
Alameda County Public Health Department

FAMILY SUPPORT SERVICES

Balancing prevention and targeted services...

and direct services and systems change

YOUR FAMILY COUNTS: AN HISTORICAL PERSPECTIVE

- 2001 Universal 1-3 Home Visits
- Development of the Specialty Provider Team
- Reconfiguration – Birth of YFC

WHO WE ARE

YOUR FAMILY COUNTS

- Alameda County PHD – Family Health Services
  - 4 Public Health Nurses
  - 4 Family Advocates
- ECC Specialty Provider Team
  - 1.5 Lactation Consultants
  - 1 Child Development Specialist
  - 2.5 Mental Health Specialists

YOUR FAMILY COUNTS

- 2 week intensive, multidisciplinary training
- Started serving families September 22, 2008
- Multidisciplinary meetings - 3 times/mo
- On-going training

YFC PROGRAM MODEL

Target services to prenatal and postnatal high risk clients at:

- 2 birthing hospitals
- 2 high risk clinic

- **Prenatal – Family Advocate and Mental Health**
- **Postpartum – Lactation Consultants, Public Health Nurses, Family Advocates, Mental Health, Child Development specialists**

YFC PROGRAM MODEL

- **Each family receives at least 3 visits**
- **maximum length of care is 12 months**

WHO WE SERVE

Prenatal/Postpartum Criteria

- **Homeless**
- **Substance use**
- **Depression/mental illness**
- **Domestic Violence**
- **Developmental Delay**
- **Immigrant**
- **Grief or Fetal loss History**
- **CPS – current or history**
- **Lactation/Feeding Issues**
- **NICU < 48 hours (unless Highland NICU)**

YFC PROGRAM MODEL

- Pregnant and postpartum women screened for maternal depression - Edinburgh
- All families screened using the 4Ps Plus
- Newborn Behavioral Observation Tool
- All clients screened with ASQ twice before case closure at 6 months and at 12 months
- Life Skills Progression

WHO WE SERVE

94 % (294 of 314) of families referred were successfully contacted

Prenatal Cases Served	15%
Postpartum Cases Served	85%

Sept. 22, 2008 to Dec. 31, 2009

FAMILIES ENROLLED

Race/Ethnicity

Hispanic	50%
African American	25%
Asian	9%
Multi-Race	6%
White	5%
Other	4%

Language

English	59%
Spanish	33%
Asian Languages	6%
Other	3%

Sept. 22, 2008 to Dec. 31, 2009

WHO WE SERVE

At the time of enrollment, families had one or more risk factors:

Problems breastfeeding	82%
History of, or current depression	67%
Housing Unstable	55%
History of, or current domestic violence	44%

Sept. 22, 2008 to Dec. 31, 2009

WHERE FAMILIES LIVE

Oakland	71%
Hayward	12%
San Leandro	7%

WHAT WE DO

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Build trust

- Determine "family's needs"
- Identify the crisis supports
- Focus on family's strengths
- Focus on the infant
- Support navigating systems
  - Medi-Cal
  - Other entitlement programs (WIC, CCS, Regional Center, etc.)
  - CPS

WHAT WE DO

- Parenting education and support
- Fostering relationships
- Focusing on Child/Family Development
- Assessing financial fitness
- Promoting heath and wellness
- Reducing isolation
- Building community

FIRST YEAR RESULTS

# of face to face contacts per family	Up to 50
% of cases where 2 or more staff involved	84%
% of cases held more than 3 months	50%

Connecting to community services -Top Referrals:

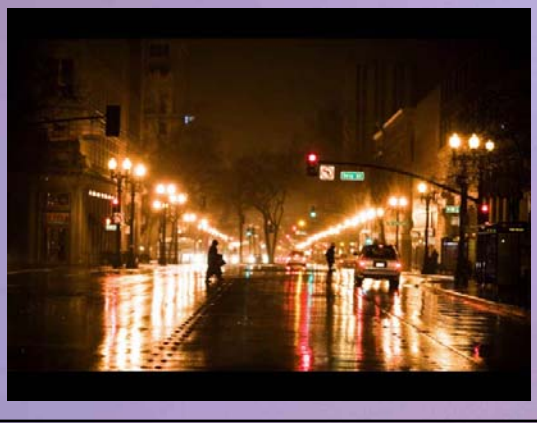
- Health Insurance
- Food and basic needs
- Housing / Shelter
- Mental health support

Sept. 22, 2008 to Dec. 31, 2009

FIRST YEAR RESULTS

Child has medical home	97%
Child up to date on immunizations	93%
Child has health insurance	99%

Sept. 22, 2008 to Dec. 31, 2009



FAMILY RESILIENCE

WHAT WE HAVE LEARNED

- Serving much higher risk than anticipated
- Multidisciplinary team works
- Low drop rate (6% compared to 22% for 1-3 program)
  - more than one person who can connect to family
  - more options for families
- Quality child care is key for many families
  - Offers respite
  - Gives child other ways of engaging with adults

WHAT WE HAVE LEARNED

- Identifying program sustainability options
- Need to identify "next step" for when case is closed
- Identifying community/neighborhood support programs
- Not enough community supports for fathers

Your Family Counts